



Canada



TOURISME / MONTREAL



CANADA OPEN



TAEKWONDO CANADA

INFORMATION PACKAGE KYORUGI



**MONTREAL, QC
FEBRUARY 7-9**

2025



- GENERAL INFORMATION -

SANCTIONING

World Taekwondo

10th Floor, Booyoung Taepyeong Building
55, Sejong-daero, Jung-gu, Seoul
Republic of Korea 04513

Pan American Taekwondo Union

General Guadalupe Victoria 214, Zona Centro, 20000
Aguascalientes, Mexico

ORGANIZER

Taekwondo Canada

2451 Riverside Drive
Ottawa, Ontario
Canada
K1H 7X7

Contact:

events@taekwondo-canada.com

VENUE & DATES

Palais des congrès de Montréal

159 St. Antoine Street West, 9th floor
Montréal, Québec
Canada
H2Z 1H2

February 8, 2025 to February 9, 2025

- EVENTS -

KYORUGI - CADET

MALE DIVISIONS		FEMALE DIVISIONS	
Under 33kg	Not exceeding 33kg	Under 29kg	Not exceeding 29kg
Under 37kg	Over 33kg and not exceeding 37kg	Under 33kg	Over 29kg and not exceeding 33kg
Under 41kg	Over 37kg and not exceeding 41kg	Under 37kg	Over 33kg and not exceeding 37kg
Under 45kg	Over 41kg and not exceeding 45kg	Under 41kg	Over 37kg and not exceeding 41kg
Under 49kg	Over 45kg and not exceeding 49kg	Under 44kg	Over 41kg and not exceeding 44kg
Under 53kg	Over 49kg and not exceeding 53kg	Under 47kg	Over 44kg and not exceeding 47kg
Under 57kg	Over 53kg and not exceeding 57kg	Under 51kg	Over 47kg and not exceeding 51kg
Under 61kg	Over 57kg and not exceeding 61kg	Under 55kg	Over 51kg and not exceeding 55kg
Under 65kg	Over 61kg and not exceeding 65kg	Under 59kg	Over 55kg and not exceeding 59kg
Over 65kg	Over 65kg	Over 59kg	Over 59kg

KYORUGI - JUNIOR

MALE DIVISIONS		FEMALE DIVISIONS	
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42kg
Under 48kg	Over 45kg and not exceeding 48kg	Under 44kg	Over 42kg and not exceeding 44kg





Under 51kg	Over 48kg and not exceeding 51kg	Under 46kg	Over 44kg and not exceeding 46kg
Under 55kg	Over 51kg and not exceeding 55kg	Under 49kg	Over 46kg and not exceeding 49kg
Under 59kg	Over 55kg and not exceeding 59kg	Under 52kg	Over 49kg and not exceeding 52kg
Under 63kg	Over 59kg and not exceeding 63kg	Under 55kg	Over 52kg and not exceeding 55kg
Under 68kg	Over 63kg and not exceeding 68kg	Under 59kg	Over 55kg and not exceeding 59kg
Under 73kg	Over 68kg and not exceeding 73kg	Under 63kg	Over 59kg and not exceeding 63kg
Under 78kg	Over 73kg and not exceeding 78kg	Under 68kg	Over 63kg and not exceeding 68kg
Over 78kg	Over 78kg	Over 68kg	Over 68kg

KYORUGI - SENIOR

MALE DIVISIONS		FEMALE DIVISIONS	
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46kg
Under 58kg	Over 54kg and not exceeding 58kg	Under 49kg	Over 46kg and not exceeding 49kg
Under 63kg	Over 58kg and not exceeding 63kg	Under 53kg	Over 49kg and not exceeding 53kg
Under 68kg	Over 63kg and not exceeding 68kg	Under 57kg	Over 53kg and not exceeding 57kg
Under 74kg	Over 68kg and not exceeding 74kg	Under 62kg	Over 57kg and not exceeding 62kg
Under 80kg	Over 74kg and not exceeding 80kg	Under 67kg	Over 62kg and not exceeding 67kg
Under 87kg	Over 80kg and not exceeding 87kg	Under 73kg	Over 67kg and not exceeding 73kg
Over 87kg	Over 87kg	Over 73kg	Over 73kg

- CONTESTANTS -

WORLD TAEKWONDO (WT) GLOBAL LICENSE

- A World Taekwondo Global Licence is required by all athletes, coaches and officials participating in Canada Open 2025. World Taekwondo Global License registrations & renewals can only be made through the WT recognized Member National Associations and applications should be made at least **2 months before the tournament starts** to ensure the WT Global License can be processed and approved in time. The WT Global License must be valid for 2025 or renewed to be used for 2025.
- The WT Global license is the responsibility of all participants (athletes, coaches and officials) participating at Canada Open 2025 and must be registered and approved through their respective WT Member National Association.
- ****There will be NO World Taekwondo Global Licenses registration onsite****

ATHLETE ELIGIBILITY

- Must have a Kukkiwon Dan or Poom certificate
- Must have a valid 2025 World Taekwondo Global License with event pass
- Must be a member of the team/club of a pertinent Member National Association (MNA), recognized by World Taekwondo
- Age Requirements:
 - Cadet - Born in 2011, 2012 or 2013
 - Junior - Born in 2008, 2009 or 2010
 - Senior - Born in 2008 or earlier

COACH ELIGIBILITY

- Must have a valid 2025 World Taekwondo Global License with event pass



- Must have a World Taekwondo Coach License Level I Coach Certification or the respective CU Coach License (granted by participation in a WT recognized CU Coach Seminar)
 - Any coach that is unable to provide proof of a WT coach certification will not be permitted to coach at this event
 - For Access to the WT Level I Coach Certification course please visit:
worldtkd.simplycompete.com/courses?pageNumber=1&itemsPerPage=12&courseType=all&isArchived=false&isOffline=

Coach Dress Code and Regulations

- Athletic attire/team tracksuit or business attire
- Jeans and doboks are not permitted
- Closed footwear only; no heels or sandals
- No chewing gum or use of electronic devices, such as cell phones, PDA or video cameras
- Coaches perceived to be under the influence of alcohol/drugs will not be allowed in the competition area
- All coaches are required to wear a sport coat for the semi-final and final rounds
- Any type of cap/hat is not allowed

- COMPETITION & RULES -

KYORUGI COMPETITION

Competition Rules

- The latest published [World Taekwondo Competition Rules & Interpretation](#) shall be applied

Competition System

- Single elimination tournament system will be used for all divisions of kyorugi competition
- Best of three (3) system

Contest Time

- Cadet and Junior divisions - 1:30 minutes each round with 1 minute break between each round
- Senior division - 2:00 minutes each round with 1 minute break between each round
- The WT Technical Delegate has the authority to adjust the contest time as they see fit

Seeding

- Cadet and Junior divisions - random draws
- Senior division - seeded according to the latest published 2025 World Taekwondo rankings

Draws/Brackets

- Kyorugi brackets will be published one (1) day before the start of each competition day by 4:00pm ET on the following platforms:
 - Website: taekwondo-canada.com/events/canada-open
 - Facebook: facebook.com/Taekwondo.Canada

Technical Meeting

- The Technical Meeting will take place on February 6th, 2025 at the host hotel

Uniform & Equipment

- **PSS:** KPNP Protector and Scoring System
 - Protector and Scoring System (Headgear and Chest Protector) will be provided to athletes
 - The head protector for cadet athletes may be equipped with a face shield
- **Uniform:** Athletes are required to wear a World Taekwondo recognized kyorugi uniform or Dobok and World Taekwondo recognized protective equipment
- A list of recognized brands can be accessed at worldtaekwondo.org/wtpartners-wt/recognize.html
- Athletes are required to bring their own groin guards, mouthpieces, gloves, KPNP sensing socks and shin and forearm guards for their personal use
- **Mats:** World Taekwondo recognized mats will be used for this event
- Instant Video Replay (IVR) System will be used

Inspection

- Athletes must pass inspection before each match
- All mandatory equipment is required at the time of inspection
- Athletes will have 10 minutes following their first call on the Inspection Screen to report and pass inspection - NO EXCEPTIONS
- Athletes receiving medical attention are NOT considered checked into inspection

General Weigh-In

- General Weigh-In of athletes shall take place on the day before their respective weight category
 - Athletes may have two attempts to make weight before the end of the weigh-in period
- There will be NO EXEMPTIONS to weigh-in time
- **Senior athletes:** Weigh-in may be conducted in the nude for senior athletes, if they wish to do so
 - Athletes that are 17 years of age and competing in the Senior division must weigh in with underwear(s)
- **Cadet and Junior athletes:** must be weighed with clothing, dobok or underwear(s) and 100 grams will be allowed to compensate
- A test scale will be provided one hour prior to General Weigh-in
- Athletes must have photo identification when attending weigh-in
 - Event accreditation can be used as photo identification. Athletes may be asked for additional photo identification (ie. passport, driver's license, school ID, etc.) if event accreditation photo is outdated

Random Weigh-In

- Random weigh-in of athletes shall take place in the morning of the competition day of their respective weight category
 - Random weigh-in will be conducted with plus 5% tolerance of the athlete's weight category
 - Athletes will have one attempt to make the weight
- There will be no random weigh-in for the following individuals:
 - All Cadet divisions
 - Junior heavy weight divisions (M+78kg & F+68kg)
 - Senior heavy weight divisions (M+87kg & F+73kg)



- The rate of selection for the random weigh-in shall be determined by the number of contestants in the weight category:
 - More than 32 athletes: 20% of total
 - 17-32 athletes: 6 athletes
 - 9-16 athletes: 4 athletes
 - 5-8 athletes: 2 athletes
 - 4 or below: no random weigh-in
- Random weigh-in lists will be published at 6:30am ET the morning of each competition day on the following platforms:
 - Website: taekwondo-canada.com/events/canada-open
 - Facebook: facebook.com/Taekwondo.Canada
- Selected athletes must be present at the General Weigh-In area at 8:00am ET
 - Should a contestant that is selected for the random weigh-in fail to appear, he/she will be disqualified

AWARDS

- Individual awards will be presented after the conclusion of each kyorugi competition day
- Team and Special awards will be presented after the conclusion of the Senior kyorugi competition day
- Full results will be posted on the [Taekwondo Canada website](#) after each day of competition

Individual Awards

- Medals will be awarded to the top four athletes in each event
 - 1st Place: Gold Medal
 - 2nd Place: Silver Medal
 - 3rd Place: Bronze Medal
 - 3rd Place: Bronze Medal

Team Awards

- Team awards will be given out to the top three (3) countries based on medalists
- The following point break down will be used to determine the Team Awards:
 - 1st Place: 7 points
 - 2nd Place: 3 points
 - 3rd Place: 1 point
 - 3rd Place: 1 point

Special Awards

- Best Male and Best Female Kyorugi Team Coach
- Best Male and Best Female Kyorugi International Referee
- Best Male and Best Female athlete in the Senior Kyorugi Division

- REGISTRATION -

ONLINE REGISTRATION

- Individual and/or team registration must be completed online at worldtkd.simplycompete.com
- Event registration is only possible with a valid 2025 World Taekwondo Global License
- **Registrations onsite will not be accepted**



TIMELINES & FEES

All registration deadlines are in Eastern Time

	TIMELINE	ATHLETES	COACHES	CHANGES TO EVENT
REGULAR REGISTRATION	Before January 17, 2025	\$155 USD <i>Per individual for 1 event</i> \$205 USD <i>Per individual for 2 events</i>	\$100 USD	Contact events@taekwondo-canada.com
LATE REGISTRATION	January 18, 2025 to January 24, 2025 at 5:00pm ET	\$175 USD <i>Per individual for 1 event</i> \$225 USD <i>Per individual for 2 events</i>	\$100 USD	Contact events@taekwondo-canada.com
ONSITE	<u>NO REGISTRATIONS WILL BE ACCEPTED ONSITE</u>			\$50 USD or \$70 CAD <i>for each change</i>

Weight Changes

- Weight changes prior to the January 24th, 2025 at 5:00pm ET can be made by emailing events@taekwondo-canada.com with no additional fee
- Weight changes after January 24th, 2025 at 5:00pm ET must be made onsite at the accreditation desk with a \$50 USD fee (or \$70 CAD)
- Weight changes will be accepted up until the start of general weigh-in for the respective divisions:
 - 10:00am on February 7th, 2025 for Cadets and Juniors
 - 10:00am on February 8th, 2025 for Seniors

PAYMENT

ALL ENTRY FEES SHALL BE PAID IN ADVANCE TO TAEKWONDO CANADA THROUGH SIMPLY COMPLETE DURING REGISTRATION

PAYMENT FOR REGISTRATION WILL NOT BE ACCEPTED ON SITE.

- Payments must be made IN FULL** prior to the respective deadline to secure the corresponding rate
- Fees for event changes after registration deadline shall be collected at the accreditation desk
- There will be **NO REFUNDS** for this event
- If a wire transfer needs to be done directly to Taekwondo Canada due to national policies of MNA, please refer to the following information:

Name on account: Taekwondo Canada
 Name of bank: Bank of Montreal
 Bank address: 250 Greenbank Road, Ottawa, Ontario, K2H 8X4
 Account number: 4604-940
 Transit number: 2999
 Institution number: 001
 Swift code: BOFMCAT2XXX

SUBMIT A COPY OF YOUR WIRE TRANSFER PAYMENT TO: EVENTS@TAEKWONDO-CANADA.COM



ACCESS TO COMPETITION AREA

- Accreditation is mandatory to access the competition area or the warm-up area.
- By accepting and/or downloading, all accredited persons agree to comply with the Field of Play regulations applicable at Taekwondo events
- Only athletes and their coaches will have admittance with valid accreditations to the contest areas

ENTRY VISA INFORMATION

The visa invitation letter for each registered individual will be automatically generated from WT GMS platform if the visa is requested during the registration for the event. All members who need an entry visa to Canada must be registered for the event in GMS. You must then use this letter to apply for you or your team member's visa.

If you need assistance with a Visa letter, please contact events@taekwondo-canada.com.

Visa Information

- Participants are required to check Canada's entry visa application waiting times in their own countries and submit requests for recommendation letters through the online form if applicable
- The Organizing Committee cannot guarantee entry into Canada and can only offer assistance
- It is the responsibility of each participant to apply for and secure the correct entry visa for Canada if required
 - The visa application process should be started at least one week before the waiting time deadline in the participant's home country

ACCREDITATION PICK UP

- Printed accreditations will be produced for all registered persons
- Registered persons must pick up their printed accreditations onsite at the designated times and locations outlined below
- Participants may be asked for photo identification at accreditation pick up (ie. passport)

Location

Palais des Congrès
159 St. Antoine Street West, 9th floor
Montréal, Québec
Canada
H2Z 1H2

Date and Time

February 6, 2025: 9:00am to 4:00pm
February 7, 2025: 8:30am to 3:30pm (at admission)
February 8, 2025: 8:30am to 3:30pm (at admission)

- MEDICAL CONTROL -

EVENT MEDICAL SUPPORT

- Athletic Therapists will be onsite (ringside and in the designated medical area) to provide injury and illness care for all participants

ANTI-DOPING

- The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions



- Compulsory anti-doping tests will be carried out for selected medalists, while random tests will be conducted to the rest of the athletes
- The WT and/or WADA may carry out random out of competition testing prior to this event

Therapeutic Use Exemption (TUE)

- TUE Athletes who take any substance or medicine listed in the “Prohibited List” of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. If you do not have an ADAMS account yet, please contact tue@ita.sport to have it set up.
- Otherwise, please download the TUE Application Form at [International Testing Agency - Therapeutic Use Exemption \(TUE\) Application Form - International Testing Agency \(ita.sport\)](#) and once duly completed and signed, send it together with the required medical file to tue@ita.sport with copy to antidoping@worldtaekwondo.org by at least 30 days before the first competition day. For more details, please see the following page of the WT website: worldtaekwondo.org/anti_doping-wt/therapeutic.html

MOUTHGUARDS, TAPING & BRACING

- The latest published [World Taekwondo Mouth guard, Taping and Bracing rules](#) will be applied

MEDICAL INSURANCE

- It is mandatory for all participating athletes, coaches and team officials to have medical insurance that covers medical care and in case of emergency, repatriation to their home country
- All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs

- ADMISSION -

SPECTATOR TICKETS

Ticket Type	Price
Single Day - Adult	\$20.00 CAD
Single Day - Child (Ages 5-12)	\$10.00 CAD
Single Day - Senior (Ages 65+)	\$10.00 CAD
Event Pass - Adult	\$50.00 CAD
Event Pass - Child (Ages 5-12)	\$20.00 CAD
Event Pass - Senior (Ages 65+)	\$20.00 CAD

- Wristbands will be given as a spectator’s pass and must be worn at all times
- Children aged 4 and under are free
- Payment for spectator tickets can be made onsite at the admission desk

LIVESTREAM

- Competition live stream can be accessed through the Taekwondo Canada YouTube Channel



- MEDIA & PRESS -

MEDIA ACCREDITATION

- Registered media and press officials or official photographers are entitled to receive a media and press accreditation card
 - For more information, contact Taekwondo Canada at ed@taekwondo-canada.com
- By accepting a media and press accreditation, the accredited person agrees to follow the instructions of Taekwondo Canada at all times

- ACCOMMODATION & TRANSPORTATION -

All accredited individuals participating at the event are strongly recommended to book their accommodations at the Host Hotel through the Organizing Committee using the information below:

ACCOMMODATION

Intercontinental Montréal

- Address:** 360, rue Saint-Antoine Ouest Montréal, Québec, Canada H2Y 3X4
- Website:** <https://www.ihg.com/intercontinental/hotels/us/en/montreal/yulhb/hoteldetail>
- Contact Information:**
 - (514) 987-9900 or toll free from Canada and U.S.A.: 1-877-660-8550,
 - Email: reservationsgroupes-yulhb@ihg.com

**** BOOK YOUR ROOMS BEFORE JANUARY 10TH, 2025 TO SECURE THE EVENT ROOM RATE ****

- Booking Link:** <https://book.passkey.com/go/TaekwondoCanada2025>
- Reservation ID:** Please quote “2025 Canada Open” to the Reservations Agent
- Room Rate:** \$185.00 CAD + taxes

TRANSPORTATION

- Transportation is the sole responsibility of participants
- Note: The venue and host hotel are connected via an indoor tunnel

- SAFE SPORT -

If you are a victim or witness of harassment, abuse or discrimination in sport, contact the free, anonymous and confidential Abuse-Free Sport Helpline to report and/or be referred to the appropriate resources:

- Call or text: 1-888-837-7678
- info@abuse-free-sport.ca

The Abuse-Free Sport Helpline is not a crisis line. For all urgent situations requiring immediate intervention, contact 911.



- SCHEDULE -

EVENT SCHEDULE

Times and locations are subject to change

DATE	TIME (ET)	EVENT	LOCATION
February 6, 2025	9:00am - 4:00pm	Accreditation Pick Up	Palais des congrès de Montréal
	5:00pm	Technical Meeting for Poomsae and Kyorugi	Intercontinental Montréal
February 7, 2025	8:30am - 3:30pm	Accreditation Pick Up (Kyorugi & Coaches only) & Admission	Palais des congrès de Montréal
	9:00am	Poomsae Competition	Palais des congrès de Montréal
	10:00am - 12:00pm	General Weigh-In for Cadet and Junior Kyorugi divisions	Palais des congrès de Montréal
	4:00pm	Publication of Cadet and Junior Kyorugi draw sheets	
February 8, 2025	6:30am	Publication of Random Weigh-In for Junior Kyorugi divisions	
	8:00am	Random Weigh-In for Junior Kyorugi divisions	Palais des congrès de Montréal
	8:30am - 3:30pm	Accreditation Pick Up (Kyorugi & Coaches only) & Admission	Palais des congrès de Montréal
	9:00am	Cadet and Junior Kyorugi Competition	Palais des congrès de Montréal
	10:00am - 12:00pm	General Weigh-In for Senior Kyorugi divisions	Palais des congrès de Montréal
	4:00pm	Publication of Senior Kyorugi draw sheets	
February 9, 2025	6:30am	Publication of Random Weigh-In for Senior Kyorugi divisions	
	8:00am	Random Weigh-In for Senior divisions	Palais des congrès de Montréal
	8:30am - 3:30pm	Admission	Palais des congrès de Montréal
	9:00am	Senior Kyorugi Competition	Palais des congrès de Montréal



- MEDIA RELEASE -

I hereby agree to be filmed, videotaped and photographed, and to have my name, image, picture, likeness, voice and biographical information otherwise recorded, in any media, by Taekwondo Canada (TC) and its official photographers and video crews, and by any other entity authorized by Taekwondo Canada (the "Footage"). I hereby grant Taekwondo Canada and its assigns the irrevocable, perpetual, fully paid up, worldwide right and license to use, and to authorize third parties to use, in all media, the Footage for: (1) news and information purposes, (2) promotion of me and the specific competition(s) in which I compete, (3) promotion of Taekwondo Canada Teams, and (4) promotion of Taekwondo Canada without the need to seek any further consent from me.

I acknowledge and agree that the programming in which the Footage is used, and the media through which the Footage is distributed, may contain advertising and sponsorships; provided that, in no event may Taekwondo Canada use or authorize the commercial use of the Footage in any manner that would imply my endorsement of any company, product, or service, without my written permission.

My permission will not be unreasonably withheld, delayed or conditioned provided that the proposed commercial association does not create sponsor conflicts for me. Taekwondo Canada shall have all right, title and interest in any and all results and proceeds from usage of the Footage.